

# Relationship and Sex Education (RSE)

By the end of secondary school, children will learn...

## **Online and Media**

- How to behave responsibly online
- That what goes online might stay online and affect their life chances
- That what they see online may not reflect reality, especially sexually explicit content
- That viewing or sharing explicit images of children online is a crime
- How information is generated, collected and shared online
- How to seek help if they are concerned about any of the above

## **Families**

- That there are many types of relationships and they contribute to human happiness.
- About marriage and civil partnerships are, including their legal status
- That parents and carers are responsible for the safe upbringing of their children
- How to determine if someone or something is reliable/trustworthy
- How to seek advice or report concerns about a person or relationship

## **Being Safe**

- That sexual violence in real life or online is never acceptable
- That giving consent and understanding that it can be withdrawn both in real life and online is important

## **Respectful Relationships, including Friendships**

- That friendships should be based on trust, respect, honesty, privacy and consent
- How to resolve conflict in friendships and relationships
- That stereotypes can damage relationships
- That they can expect to be treated with respect in all areas of society
- That bullying is always unacceptable whether in real life or online
- That in relationships, some behaviours are criminal
- That they have legal rights regarding equality

## **Intimate and sexual relationships including sexual health**

- That intimate relationships can make people happy
- That when relationships go wrong it can affect all aspects of health
- That no one can make you have a sexual relationship
- About contraception and pregnancy and the different choices people make
- Sexual health and STIs including how to get help and advice