

Relationship Education (RSE)

By the end of primary school, children will learn...

Online relationships

- That people can behave differently online than in real life
- That we should treat people online the same way we treat people in real life
- How to keep safe online
- How to work out if an online source is reliable and trustworthy
- How information and data is shared and used online

Families and people who care for me

- That family is very important
- That there are different ways to live happily as a family
- What a stable and healthy family or relationship might look like
- That marriage and civil partnerships have legal status
- That some family relationships can be unsafe and how to seek help if they experience this

Caring Friendships

- That friendships are really important
- What makes a good friendships
- What benefits we gain from good friendships
- How to make sure a friendships stays healthy
- What to do if a friendship is unhealthy and how to seek help.

Being Safe

- That we can expect appropriate boundaries and others can expect the same from us
- That privacy is important
- That people's bodies belong to them and no one else is allowed to hurt it in any way.
- How to respond to an unfamiliar adult
- How to tell people when they feel unsafe or frightened

Respectful Relationships

That it is important to respect others and that manners are important

That self-respect is important

That there are different types of bullying and what to do about it

That stereotypes are negative and impact on others

That it is important to seek permission

Changing adolescent body

- That as we become adults our bodies change and this is called puberty
- Key facts about what happens in puberty
- About menstruation and menstrual well-being