

Example Timetable

	8.45 - 9.15	9.15 – 9.45	Lesson 1 9.45 – 10.45		10.45 – 11.00	Lesson 2 11.00 – 11.45	Lesson 3 11.45 – 12.30	12.3 0 – 1.30	Lesson 4 1.30 – 1.45	Lesson 5 1.45 – 3.15	3.15 – 3.30
M O N	Reg writing	RWI	Secondary Assembly and activity	Talk for Maths - Talk 4 Number	B	Maths	English	L	Mindful time Meditation	Creative: Art/DT	Collective Worship / Reflection
T U E S	Reg Fine motor	RWI	English		R	Maths	Computing	U	Mindful time Fine Motor skills	Science	Collective Worship / Reflection
W E D	Reg number	RWI	English		E	Maths	Humanities	N	Mindful time Yoga/physical	Science	Collective Worship / Reflection
T H U R S	Reg Reading	RWI	PSHE		A	RE	English	C	Mindful time Thrive/SEMH	PE	Collective Worship / Reflection
F R I	Reg creative	RWI	Maths		K	PSHE / SRE	Social communication	H	Mindful Time Music	Enterprise /Business / Project	Collective Worship / Reflection

Swim Carousel - Secondary classes will have one block approx. 7 weeks swimming - Fridays 11am – 12.30pm