

WEEK 1	MONDAY MEA	TUESDAY	WEDNESDay	THURSDAY	FRIDAY
Main dish	Macaroni Cheese & Garlic Bread	Mediterranean Chicken wrap with savoury rice	Roast Beef with Yorkshire Pudding, Roast potatoes & gravy	Pork Meatballs with wholemeal pasta	Fish fingers or Salmon Fingers with chunky chips
VEGETARIAN Main dish	Potato & cauliflower with pea and mint couscous	Meat free sausage ragu with wholemeal pasta	Quorn fillet with roast potatoes & gravy	BBQ Quorn with 50/50 rice	Falafel in a wholemeal pitta, crunchy slaw and chunky chips
ACCOMPANIMENTS	Peas & Broccoli Salad bar	Roasted Vegetables & Salad bar	Carrots & cauliflower Salad bar	Green beans & sweetcorn Salad bar	Peas & Baked beans Salad bar
STREET FOOD	Assorted Paninis	Assorted Paninis	Assorted Paninis	Assorted Paninis	Assorted Paninis
daily special	Jackets Potato Sandwiches & Baguettes	Jackets Potato Sandwiches & Baguettes	Jackets Potato Sandwiches & Baguettes	Jackets Potato Sandwiches & Baguettes	Jackets Potato Sandwiches & Baguettes
DESSERT	Hot spiced peaches	Apple cracknel	Coconut and mango rice pudding	Mixed berry strudel with custard	Gooey chocolate brownie

Available Daily Fresh Home bakes, yoghurts, and Fruit





1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

